**SUPPLEMENTARY FIGURE 1**

Immagine che contiene testo, schermata, design

Descrizione generata automaticamente

**Figure 1:** Cochrane Risk of Bias template (RoB 2.0) for randomized trials. [1]

[1] McGuinness, LA, Higgins, JPT. Risk-of-bias VISualization (robvis): An R package and Shiny web app for visualizing risk-of-bias assessments. Res Syn Meth. 2020; 1- 7. <https://doi.org/10.1002/jrsm.1411>